

PROSTATITIS

What is it?

The prostate is the gland that lies below a man's bladder and surrounds the urethra. The prostate makes semen.

Semen is the fluid that is released when a man has sex. The testicles make sperm which travel to the prostate to mix with the semen.

Prostatitis is an inflammation of the prostate gland.

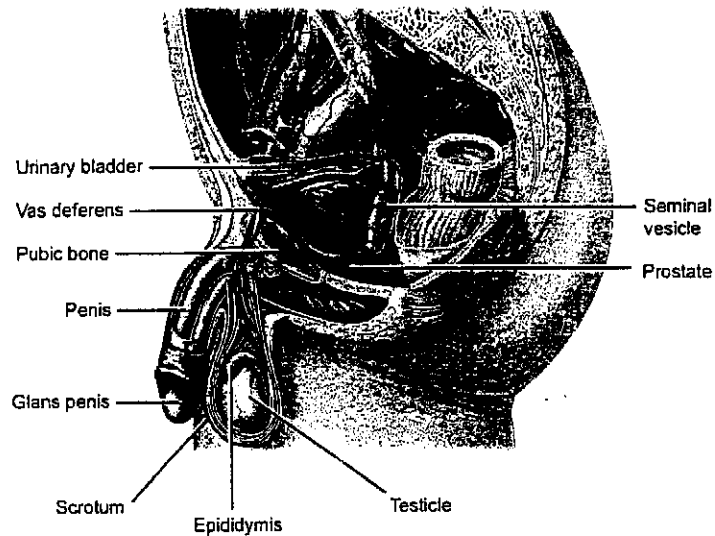
What causes it?

The cause varies and depends on the type. Some cases are caused by bacterial infections. Viral infections of the prostate are rare. Some types have unknown causes.

What are the symptoms?

Symptoms vary and can include:

- Chills
- Fever
- Pain in the lower back
- Pain in the genital area
- Painful, burning urination
- Body aches
- An urgent need to urinate
- Frequent urination at night
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What tests will I need?

Your doctor will ask about your symptoms and exam you. Other tests include:

- Digital rectal exam
- Prostate massage
- Urine tests
- Blood tests
- Special x-rays

How is it treated?

Treatment depends on the cause and type. Antibiotic medication is used in selective cases.

What else can I expect?

Your doctor can tell you what to expect, based on your specific condition. Always ask your doctor about your treatment options.

For more information

For more information on prostatitis, please contact the following resources:

The Prostatitis Foundation

888-891-4200

www.prostatitis.org

American Urological Association

410-689-3700

Email: auafoundation@ouofoundation.org

www.UrologyHealth.org